

Herbal Infusions £3.00

Sri Lankan Lemongrass

Amba Estate, Ravanna Falls, Sri Lanka

A smooth, rich herbal infusion with flavours of cut hay and lemon drops.

This uniquely complex and full-bodied lemongrass is grown in a remote mountain tea garden above the Ravanna falls, Sri Lanka.

English Peppermint

Tregothnan Botanical Gardens, Cornwall, UK

A rare English peppermint grown in Cornwall on the Tregothnan Estate, established in 1335. Counter-intuitively, the menthol oils infuse more easily from the dried leaf, giving a brighter, cleaner flavour than fresh mint.

It has a strong peppery nose with a smooth balanced flavour.

English Chamomile

Tregothnan Botanical Gardens, Cornwall, UK

Grown in a botanical garden on the Tregothnan Estate in Cornwall.

These chamomile flowers are extraordinarily sweet, pure and aromatic.

The taste of summer meadows.

Coffee & Hot Chocolate

Americano	£2.50
Espresso	£2.50
Large Espresso	£3.00
Macchiato	£3.00
Cappuccino	£3.00
Latte	£3.00
Hot Chocolate	£3.50

(v) denotes vegetarian option

Small Bites

Artisan bread board with olive oil, balsamic vinegar & butter (v)	£3.95
Marinated olives (v)	£1.95
Mixed nuts (v)	£1.50
Welsh rarebit (v)	£3.95
Rosemary & Parmesan cheese straws	£3.95
Dingley Dell pork crackling	£3.95
Deville whitebait, citrus mayonnaise	£5.50
Portobello mushroom frits, garlic aioli (v)	£5.50
Chunky chips, Tiptree tomato ketchup (v)	£3.95
Cumbria smoked Scottish salmon, rye toast, Romesco dip	£6.50
Goujons of line caught cod with citrus mayonnaise	£6.50

Mersea Oysters

Served traditionally with lemon, shallot vinegar, Tabasco on ice

Six	£6.50
Nine	£9.25
Twelve	£11.95

Small Side & Sandwiches

Served with pomme allumettes

Welsh rarebit with crispy Suffolk bacon	£7.00
Cumbria smoked Scottish salmon, Cream cheese	£10.50
Croque Monsieur	£8.50
Dedham Vale salt beef sandwich on rye bread Piccalilli, gherkins, mustard	£10.50
Tunworth baguette (v) Served warm with caramelized red onion, rocket	£9.50
GreyFriars club sandwich grilled chicken, Suffolk bacon, little gem lettuce, tomato, mayonnaise	£10.50
GreyFriars Vegetarian Club Sandwich Avocado, free range egg mayonnaise, little gem lettuce, tomato	£10.50

Food Allergies and intolerances: Before ordering please speak to a member of our team about our ingredients. Should you have any questions regarding the content or preparation of any of our food please ask one of our team.

Finger sandwich selection platter
served with homemade crisps, salad garnish

per person £7.95

Cumbria smoked Scottish salmon, cream cheese
Free range egg mayonnaise, Hampshire watercress
Suffolk ham, mustard grain mayonnaise
Mature artisan Cheddar cheese, tomato
Coronation chicken rolled in roasted almonds

Vegetarian & Vegan sandwich selection platter
(on request and with 24 hours' notice)

per person £7.95

GreyFriars Cream Tea

A warm selection of freshly baked scones served with
Devonshire clotted cream and homemade strawberry preserve
with a pot of tea of your choice, served with milk or lemon

per person £7.50

Desserts

Trio of our own ice creams or sorbets (v)
Please ask a member of staff for today's selection

£5.50

GreyFriars' sticky toffee pudding (v)
Cinnamon tuiles, banana ice cream

£5.75

Vanilla cheesecake with mango ganache
Crystalized raspberries, honeycomb

£5.75

Chef 's tasting Assiette of bite size desserts
Vanilla cheesecake with mango ganache
Dark chocolate and orange torte
Strawberry and lychee macaroons, honeycomb ice cream

£5.75

British artisan cheese selection (v)
Served with quince jelly, savoury biscuits, walnuts, celery & grapes

£8.00

GreyFriars Tea Selection

£3.00



The following tea is sourced and selected by Rare Tea Company

Speedy Breakfast

A blend of black teas from Satemwa, a small,
family run garden in the Shire Highlands of Malawi.
Remarkably strong, rich and comforting, it is perfect with milk.

Royal Air Force Breakfast Blend

Hand crafted black tea with a unique depth of flavour
combining soft floral notes and satisfying complexity.
It has a rich and aromatic nose with a deep, malty finish.

Earl Grey

Single estate, hand crafted black tea with and natural bergamot from
ancient Calabrian citrus groves. Clean and exceptionally bright,
it can be enjoyed with milk or a twist of lemon zest.

Whole Green Leaf

Gentle, clean and refreshing China tea, made in the same place
and in the same way for 3000 years. It is the antithesis of bitter,
mass produced green teas.

White Peony

A pure white China tea. Entirely hand-made from tender spring buds
and new leaves. It has a gentle sweetness combined with fresh grassy notes
and hints of apricot and peach.

Wild Rooibos

The real Red Bush from the Cederberg Mountains of South Africa.
Richly delicious caffeine free infusion.
Can be enjoyed on its own or with milk and sugar.